



KENNEWICK HIGH SCHOOL LionsLink Bulletin January 27, 2021



Weekly Activities

Activities Today

- ⇒ Independent Learning for all students
- ⇒ Virtual Tour—Montana Tech @ 10am

Thursday, 1/28—Modified Schedule-Early Release Schedule

7:05-7:40 - Zero Hour	10:15-10:45 - 4 th Hour-Zoom
7:40-8:00 - Break	10:45-11:00 - 4 th Hour Independent
8:00-8:30 - 1 st Hour-Zoom	11:00-11:30 - 5 th Hour-Zoom
8:30-8:45 - 1 st Independent	11:30-11:45 - 5 th Hour Independent
8:45-9:15 - 2 nd - Zoom	11:45-12:20 - 6 th Hour-Zoom
9:15-9:30 - 2 nd Hour Independent	12:20-12:50 - Lunch
9:30-10:00 - 3 rd Hour-Zoom	12:50-2:45 - Teacher Prep
10:00-10:15 - 3 rd Hour Independent	

Friday, 1/29—Last Day of Semester 1

- ⇒ Independent Learning for all students
- ⇒ School Transfer Requests due to District Office

Fall Sports Begins—on Monday, February 1st. This includes football, volleyball, girls soccer, and boys and girls cross country. Please make sure that students who are participating have filled out their clearance forms and that a current physical has been sent to the Athletics Office.



IB Parent Night—Parents of 8th grade students, please plan to attend our VIRTUAL Parent IB Info Meeting for 2021-2022—incoming Freshman. A meeting will be held Tuesday, February 2nd, at 7pm. Click here to access the [zoom link](#) or use the Meeting ID and Passcode—Meeting ID: 860 8949 6567 Passcode: hwrFr2

High School Hybrid Learning Begins on Tuesday, February 2nd—We are excited to safely welcome our students back to schools for in-person, hybrid learning. High schools will follow a hybrid “AA/BB” schedule. Students are assigned to either the A or B schedule. Student schedules may be found by signing into PowerSchool and looking on the right side of the Grades and Attendance page where it states, “Hybrid Schedule.” All students will have teacher contact time either in-person or through Zoom four days per week. Copy and paste this link to check out the Hybrid Schedule: <https://www.ksd.org/channels/district/documents/Middle-and-High-School-Hybrid-Schedules.pdf>

Next Week's Schedules

Monday—No School

Tuesday—Cohort A—Quest Schedule

6:45—7:35—Zero/7th Hour	9:55—11:15—5th Hour
7:15—Grab and Go Breakfast	11:20—12:35—6th Hour
7:45—8:30—Quest	12:40—Grab & Go Lunch
8:35—9:50—4th Hour	1:15—2:20—Independent Learning

Wednesday—Independent Learning @ Home

Thursday—Cohort B—Quest Schedule

6:45—7:35—Zero/7th Hour	9:55—11:15—2nd Hour
7:15—Grab and Go Breakfast	11:20—12:35—3rd Hour
7:45—8:30—Quest	12:40—Grab & Go Lunch
8:35—9:50—1st Hour	1:15—2:20—Independent Learning

Friday—Cohort B—Regular Schedule

6:45—7:35—Zero/7th Hour	11:05—12:40—6th Hour
7:15—Grab and Go Breakfast	11:20—12:35—6th Hour
7:45—9:20—4th Hour	12:40—Grab & Go Lunch
9:25—11:00—5th Hour	1:15—2:20—Independent Learning

Career Center News

① **Scholarship Opportunities**—can be found on our Kennewick High Website. Click “School”, then under Departments you will find “Career Center”. There is a wealth of information on this site, including current Scholarships, which is updated regularly.

② **Virtual College Tours Available**—All seniors will be receiving an email from our Career Specialist, Mrs. Miller, extending an invitation to be a part of various Virtual College/ University Tours with the Zoom Links. This is a great opportunity for students to check out each institution and what they have to offer.



⇒ Montana Tech, Wednesday, 1/27—10am-11am

③ **College Application Workshop**— CBC offers an application workshop every Wednesday from noon to 1pm via Zoom. An admissions counselor will be present to answer CBC related questions. To attend the meeting on Zoom, click [here](#). Students can apply for the CBC Foundation Scholarship by clicking [here](#).

④ **ASVAB Testing**—Are you thinking about joining the military? We offer this test through out the year on March 3th and May 12th at 11:30am. If you would like to take this test, please sign up with Mrs. Miller in the Career Center or send her an email @ cassandra.miller2@ksd.org



Mental Health & Suicide Prevention—During these troubled times it's very important to check in on one another and talk with your children. Below are some resources that you can access for support and help. For more information visit NASP – National Association of School Psychologists – [click here](#) or Washington State Office of the Superintendent of Public Instruction – [Click here](#)

For local help contact:

- Benton Franklin Crisis Response – 509-783-0500
- Tri-Cities Community Health – 509-547-2204
- Lourdes Counseling Center – 509-943-9104
- Nueva Esperanza Counseling Center – 509-545-6506
- National Suicide Line 1-800-273-8255
- Text “Start” to 741741 or visit <https://www.crisistextline.org/text-us/> to chat with a trained volunteer crisis counselor
- WYSA Therapy Chatbot - <https://www.wysa.io/>

Character Dare for this week—Write down three things that stress you out and why. Then discuss this with a friend, teacher, counselor, parent or trusted adult. What percent of worries come true? According to an article written by *Psychology Today*, in July 2019, it turns out, on average, **91.39%** of participants' worries **DID NOT** come true (i.e. only 8.61% of their worries DID come true). So let's not waste time worrying, but spend more time looking for support from those we trust. Onward Kennewick!

